

# Apr 2025

Ready to improve your skills and start on your ideal career?

NYSDOL is offering FREE virtual workshops on resume writing, interviewing, transferable skills and more.

Sign up for a virtual workshop today!

## NYSDOL STATEWIDE VIRTUAL WORKSHOPS

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <p><a href="#">NYSDOL Training &amp; Supportive Opportunities</a> 11 am – 12 pm</p> <p><a href="#">Resume Development</a> 11 am – 12 pm</p> <p><a href="#">Self- Motivation</a> 1 pm – 2 pm</p>	<p>2</p> <p><a href="#">Transferable Skills</a> 11 am – 12 pm</p> <p><a href="#">Roadmap to Getting Hired</a> 11 am – 12:30 pm</p> <p><a href="#">Using Age to your Advantage</a> 1 pm – 2 pm</p>	<p>3</p> <p><a href="#">Coping with Job Loss and Moving On</a> 11 am – 12 pm</p> <p><a href="#">NYSDOL Resources 101</a> 1 pm – 2 pm</p> <p><a href="#">Job Fair Preparation</a> 1 pm – 2 pm</p>	<p>4</p> <p><a href="#">Chat with an Employment Counselor</a> 1 pm – 2 pm</p>
<p>7</p> <p><a href="#">Job Search Strategies</a> 11 am – 12 pm</p> <p><a href="#">Communication Skills</a> 1 pm – 2 pm</p> <p><a href="#">Building and Using your LinkedIn Profile</a> 1 pm – 2:30 pm</p>	<p>8</p> <p><a href="#">Spanish: Roadmap to Getting Hired</a> 11 am – 12 pm</p> <p><a href="#">Interviewing Techniques</a> 11 am – 12:30 pm</p> <p><a href="#">Writing Effective Cover Letters</a> 1 pm – 2 pm</p>	<p>9</p> <p><a href="#">An Overview of ACCES-VR Services</a> 11 am – 12 pm</p> <p><a href="#">SNAP Overview</a> 1 pm – 2 pm</p> <p><a href="#">Career Assessment &amp; Exploration</a> 1 pm – 2 pm</p>	<p>10</p> <p><a href="#">Civil Service</a> 11 am – 12:30 pm</p> <p><a href="#">Networking</a> 1 pm – 2 pm</p> <p><a href="#">Avoiding Job Scams</a> 1 pm – 2 pm</p>	<p>11</p> <p><a href="#">Chat with an Employment Counselor</a> 11 am – 12 pm</p>
<p>14</p> <p><a href="#">Time Management</a> 11 am – 12 pm</p> <p><a href="#">Worker Retention Services for Job Seekers with Disabilities</a> 1 pm – 2 pm</p> <p><a href="#">Coping with Job Loss and Moving On</a> 1 pm – 2 pm</p>	<p>15</p> <p><a href="#">Public Speaking</a> 11 am – 12 pm</p> <p><a href="#">SUNY UCAWD</a> 11 am – 12 pm</p> <p><a href="#">Resume Development</a> 1 pm – 2 pm</p>	<p>16</p> <p><a href="#">Upskilling</a> 11 am – 12 pm</p> <p><a href="#">Second Chance Month</a> 11 am – 12 pm</p> <p><a href="#">Learn New Skills with Coursera</a> 1 pm – 2 pm</p>	<p>17</p> <p><a href="#">Using Age to your Advantage</a> 11 am – 12 pm</p> <p><a href="#">SUNY Microcredentials</a> 11 am – 12 pm</p> <p><a href="#">Give Yourself Credit SUNY Empire Information Session</a> 1 pm – 2 pm</p>	<p>18</p> <p><a href="#">Chat with an Employment Counselor</a> 1 pm – 2 pm</p>
<p>21</p> <p><a href="#">Learning about Childcare Assistance Program</a> 11 am – 12 pm</p> <p><a href="#">Writing Effective Cover Letters</a> 11 am – 12 pm</p> <p><a href="#">Transferable Skills</a> 1 pm – 2 pm</p>	<p>22</p> <p><a href="#">Veterans Services and Resources</a> 11 am – 12 pm</p> <p><a href="#">Building and Using your LinkedIn Profile</a> 11 am – 12:30 pm</p> <p><a href="#">Job Search Strategies</a> 1 pm – 2 pm</p>	<p>23</p> <p><a href="#">Social Media Strategies</a> 11 am – 12 pm</p> <p><a href="#">Interviewing Techniques</a> 1 pm – 2:30 pm</p> <p><a href="#">Employment Incentives for Government Jobs: What Job Seekers with Disabilities Need to Know</a> 1 pm – 2 pm</p>	<p>24</p> <p><a href="#">Career Assessment &amp; Exploration</a> 11 am – 12 pm</p> <p><a href="#">Salary Negotiation</a> 1 pm – 2 pm</p> <p><a href="#">Advanced Resume Writing/Skills Based Resume Writing</a> 1 pm – 2 pm</p>	<p>25</p> <p><a href="#">Chat with an Employment Counselor</a> 11 am – 12 pm</p>
<p>28</p> <p><a href="#">Learn New Skills with Coursera</a> 11 am – 12 pm</p> <p><a href="#">Networking</a> 11 am – 12 pm</p> <p><a href="#">Civil Service</a> 1 pm – 2:30 pm</p>	<p>29</p> <p><a href="#">The Power of Positivity</a> 11 am – 12 pm</p> <p><a href="#">Going to School to Get Back to Work</a> 11 am – 12 pm</p> <p><a href="#">Virtual Career Center</a> 1 pm – 2 pm</p>	<p>30</p> <p><a href="#">Cannabis Employment &amp; Education Development (CEED) Information Session</a> 11 am – 12 pm</p> <p><a href="#">Roadmap to Getting Hired</a> 1 pm – 2:30 pm</p> <p><a href="#">Managing Stress during the Job Search</a> 1 pm – 2 pm</p>		

**Pre-Registration Required!**  
Click on the name of the workshop to register <https://on.ny.gov/careercalendar>

**WE ARE YOUR DOL**

