

# Q. What is the Career Development and Occupational Studies Standards (CDOS)?

A. There are twenty-eight learning standards that the New York State Education Department has established for all students to achieve. The CDOS learning standards represent three of those learning standards that cut across all disciplines and should be integrated in all instructional areas. The CDOS learning standards address the areas of career development, applied learning and foundations skills necessary for success in the workplace. By addressing all three CDOS learning standards in an integrated setting, schools prepare students for the ever-changing work environment and success in life.

#### **Q. What is Career Development?**

A. Career Development is the enrichment of instruction through the use of a *career context* to further student understanding of *academic concepts*. Components of career development include self-knowledge/self awareness, career exploration and career planning.

# What am I learning? Why am I learning it? How can I use it?

These are the questions our children ask. The answers can be found through the joint efforts of the entire community: parents, schools, agencies, and businesses working together.

# **Q.** Why is it important for schools to enrich academic curricula to include career development opportunities?

A. The job market is constantly changing as technology advances. Today's workplace demands a worker who has good basic skills and who excels at problem solving, works in teams and learns on the job.

#### Q. Can all students benefit from career development activities?

A. **ALL** students can benefit from career development activities. For many students, graduation is the goal; they do not know what their education means or what they can do next. Through CDOS activities, students begin to address these questions: **Who am I? Where am I going?** and **How do I get there?** Participation in career development and integrated learning experiences expands career options and can assist students in making better informed career decisions.

### Q. How will career focused activities contribute to raising standards in New York State?

A. It will contribute by:

- Motivating students to reach higher academic and workplace standards by relating what they learn in school to the real world.
- Increasing community resources to schools.
- Helping students link classroom instruction with real life experiences.
- Fostering awareness about the education and skills needed to face global competition and succeed in the 21<sup>st</sup> century workforce.
- Providing learning experiences and options for teachers to help them integrate high academics, community-based experiences and career development opportunities for students.

# New York State Career Development and Occupational Studies Standards

#### Standard 1

Students will develop an awareness of the world of work, explore career options, and relate personal skills, aptitudes, and abilities to make future career decisions. **Standard 2** Students will demonstrate how academic knowledge and skills are applied in the workplace and other settings.

# Standard 3a

Students will demonstrate mastery of the foundation skills and competencies essential for success in the workplace.

## Standard 3b

Students will choose a career major and will acquire career specific technical knowledge/skills.

	Work Based		
	Activities*	Connecting Activities* Activities that build and maintain bridges between school, work and other adult	
School Based Activities*	Active learning		
Classroom instruction based	environments in the		
on high academic standards	workplace	environments	
Career Awareness Field Trips/Tours Project Based Learning	Community Service Entrepreneurial Projects	School Mentoring	
Work Simulation Junior Achievement Explorer Program			Universal Foundation
Career Day/Fair Field Trips/Tours Project Based Learning Technological Training & Application Career Majors Work Simulation Integrated Academic & Vocational Programs Explorer Program Junior Achievement	Entrepreneurial Projects Community Service Workforce Preparation Career Action Plan Workplace Mentoring	Pre-Employment Program Transition Counseling Job Shadowing	Skills Common Threads Connecting All Disciplines
Career Awareness Speakers Career Day/Fair Field Trips/Tours Work Simulation Career Majors Workplace As Classroom Project Based Learning Integrated Academic & Vocational Programs Technological Training & Application Vocational Program	Community Service Entrepreneurial Projects Job Shadowing Youth Apprenticeship Independent Work Experience Co-Op Work Study Exploratory Tech Prep Job Placement	School Mentoring Pre-Employment program Career Action Plan Transition Counseling Workplace Mentoring Workforce Preparation Job Shadowing Tech Prep	Personal Qualities Managing Resources Interpersonal Skills Thinking Skills Managing Information Systems Basic Skills
	Classroom instruction based on high academic standards Career Awareness Field Trips/Tours Project Based Learning Technological Training & Application Work Simulation Junior Achievement Explorer Program Career Day/Fair Field Trips/Tours Project Based Learning Technological Training & Application Career Majors Work Simulation Integrated Academic & Vocational Programs Explorer Program Junior Achievement Career Awareness Speakers Career Day/Fair Field Trips/Tours Work Simulation Career Majors Work Simulation Career Majors Work Simulation Career Majors Work Simulation Career Majors Work Simulation Career Majors Workplace As Classroom Project Based Learning Integrated Academic & Vocational Programs Technological Training & Application	School Based Activities*Classroom instruction based on high academic standardsActivities*Career Awareness Field Trips/ToursCommunity Service Entrepreneurial ProjectsProject Based Learning Technological Training & Application Junior Achievement Explorer ProgramCommunity Service Entrepreneurial ProjectsCareer Day/Fair Field Trips/Tours Project Based Learning Technological Training & Application Career MajorsEntrepreneurial Projects Community Service Workforce Preparation Career Awareness SpeakersCareer Day/Fair Field Trips/ToursCommunity Service Workforce Preparation Career Awareness SpeakersCareer Awareness Speakers Career MajorsCommunity Service Work Simulation Integrated Academic & Vocational Project Based Learning Integrated Academic & Vocational Project Based Learning Unior AchievementCommunity Service Community Service Community Service Community Service Entrepreneurial Projects Job Shadowing Youth Apprenticeship Independent Work Experience Co-Op Work Study Exploratory Tech Prep Job Placement	School Based Activities* Classroom instruction based on high academic standardsActivities* Active learning environments in the workplaceConnecting Activities Activities that build and between school, work a environmentsCareer Awareness Field Trips/Tours Project Based Learning Technological Training & Application Junior Achievement Explorer ProgramCommunity Service Entrepreneurial ProjectsSchool MentoringCareer Day/Fair Field Trips/Tours Project Based Learning Technological Training & Application Qareer MajorsEntrepreneurial Projects Community Service Work Simulation Unior Achievement Explorer ProgramPre-Employment Program Transition Counseling Job ShadowingCareer Adajors Subjorer Program Junior AchievementCommunity Service Community Service Workplace MentoringPre-Employment Program Transition Counseling Job ShadowingCareer Awareness Explorer Program Junior AchievementCommunity Service Community Service Do ShadowingSchool Mentoring Pre-Employment program Career Awareness School MentoringSchool Mentoring Project Based Learning Field Trips/Tours Work Simulation Career Awareness Workplace As Classroom Project Based Learning Integrated Academic & Vocational Programs Tech Prep Job PlacementCommunity Service Co-Op Work Study Exploratory Tech Prep Job PlacementSchool Mentoring Pre-Employment program Career Action Plan Transition Counseling Workforce Preparation Job Shadowing Tech Prep Job Placement

\*This is a listing of possible activities not inclusive of all options.